

EATIBLE DELIGHTS CATERING & EVENT PLANNING SERVICES



EDC SEPTEMBER FOOD NEWSLETTER

Vol 1.9

BRIDAL**CORNER****WEDDING BUDGETS**

When beginning to plan for your wedding set an exact budget!

Decide who will be paying for your wedding line items and how much they can afford. You should establish your bottom-line figures first. Create a Wedding Budget on an excel spreadsheet and get at least three estimates on each line item.

Wedding Budget Planner		Item	Cost	Notes
Rehearsal Dinner				
Rehearsal & Stayover				
Bride's Attire				
Groom's Attire				
Wedding Attire				
Hair				
Transportation				
Limousine				
Photography				
Stationery				
Reception				
Cake				
Decorations				
Music/Dance				
Alcohol/Bar				
Final Wedding Cost				

If the budget is tight consider holding your wedding any day but on a Saturday which is typical more

expensive. Monday and Wednesday evening weddings have become increasingly popular.

The average wedding with fifty guests can cost about \$15,000. Fifty percent of your wedding costs will be invested in the reception where you take your first dance, cut your cake, eat

Dear Family & Friends:

As we prepare to welcome in my favorite time of the year Autumn - I would like to invite those anticipating hosting holiday events to start early with planning. Visit EDC's 2009 Holiday Feast page to view the delicious menu and production ideas.

The winner of last month's question was *Paula West* from Cherry Hill, N.J. Ms. West hosted her Aunt's 80th birthday party catered by EDC in October of 2008. We would like to say congratulations to her. In addition to winning a lunch for 4 catered by EDC (the answer to the question) - Mr. KeVen Parker was generous enough to add to the prize by providing Ms. West with dinner for 2 at Ms. Tootsie's Restaurant Bar & Lounge. Enjoy!!!!

This months question.....

Name the OTHER white meat, name the wine it is best paired with, name the animal it comes from, and name the most popular sauce to top it.

Stay tune for some exciting Fall events.

David K. Simms

Artist/Proprietor

Upgrade to Pro today!

Bandwidth Exceeded

and mingle with your guest. The venue, food, drinks, music, flowers and photography are all just aspects of the reception.

Therefore selecting of reception venue and caterer is most important since it's your primary line item.

Eatible Delights has created an exciting Wedding page that offers all price ranges that works nicely in any couple's budget.

[EDC Wedding Packages](#)

Speak with any of the couples from the twelve '2009' weddings EDC catered this year thus far and share in their exciting testimony on their magnificent reception memories.

Tracy Booker-Harris
RSVP Inc.

Small Business of the Month



Party Favors Ink was born from a desire to offer something different in the way of custom invitations, party and wedding favors.

Owner Lynne Hart shops for unique materials and items



that will make your event stand out from the rest.

EDC in the PRESS



The Philadelphia Tribune featured an article on Tuesday, September 1, 2009 in the Business section 'Caterer offers clients variety on the road to

sweet success'.

Click here and read the [Tribune Article](#).

EDC is competing for the best caterer on the HOT LIST published by My Fox Philly.



Please cast your vote by visiting

[My Fox Philly's Hot List](#)

STAY TUNED...

For highlights from the 3rd Annual NW Community Appreciation Awards Banquet.

This year State Representative **Cherelle L. Parker** will be hosting this fabulous event at Martin Luther King High School. The event will feature the culinary creations of Eatible Delights Catering as well as our event production team headed by R.S.V.P. Inc.



If you ever received a wonderful gift bag from EDC than you saw a sample of Ms. Hart's work - she is the designer of the EDC's company ribbon.

So browse her website for great party ideas at [Party Favors Ink.com](http://PartyFavorsInk.com)

Commentary from Artist/Proprietor



I have found out that the tough and challenging times prepare us for when things get better. The tough times teach us how to better manage during our great economic times. Make sure you are putting those eggs away for the rainy days. Load up on



Highlights from 2008's Banquet

HAVE A RICE DAY!



Eighteen years ago the USA Rice Federation declared September to be *National Rice Month*.

Rice is available in various forms: long-, medium-, and short-grained, sweet, aromatic, and arborio. Rice can retain its bran (brown rice) or be milled (white rice).

Americans consume an average of 25 pounds of rice per year. Nutritionally, rice is a complex carbohydrate, with no sodium or cholesterol and barely any fat. Brown rice is the most nutritious form of rice. It's a whole grain, retaining the nutrient-dense bran that is milled off for white rice. Compliment your dinner tonight with this tasty rice dish...

Asparagus Brown Rice

Ingredients:

2 teaspoons vegetable oil
1 lb fresh asparagus washed, trimmed & cut into 1 inch pieces
1/2 cup chopped red onions
1/2 cup thinly sliced celery
1 cup thinly sliced carrots
2 cups cooked brown rice
2 tablespoons lite soy sauce

Directions:

Heat oil in large non-stick wok over medium heat. Add asparagus and rest of vegetables. Cook and stir 2 minutes. Add rice and soy sauce. Continue cooking and stirring 2 minutes longer or until thoroughly heated.

Enjoy this healthy side dish!



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supplies and
office supplies.**

**Working through these
things essentially make
you a better
businessman down the
road.**

**What are your goals or
challenges? Email me at
dsimms@eatibledelights.com**

**Discount of 10% off catering of \$1,000 or more
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Offer Expires: October 31, 2009 Can not be combined with other offers.

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